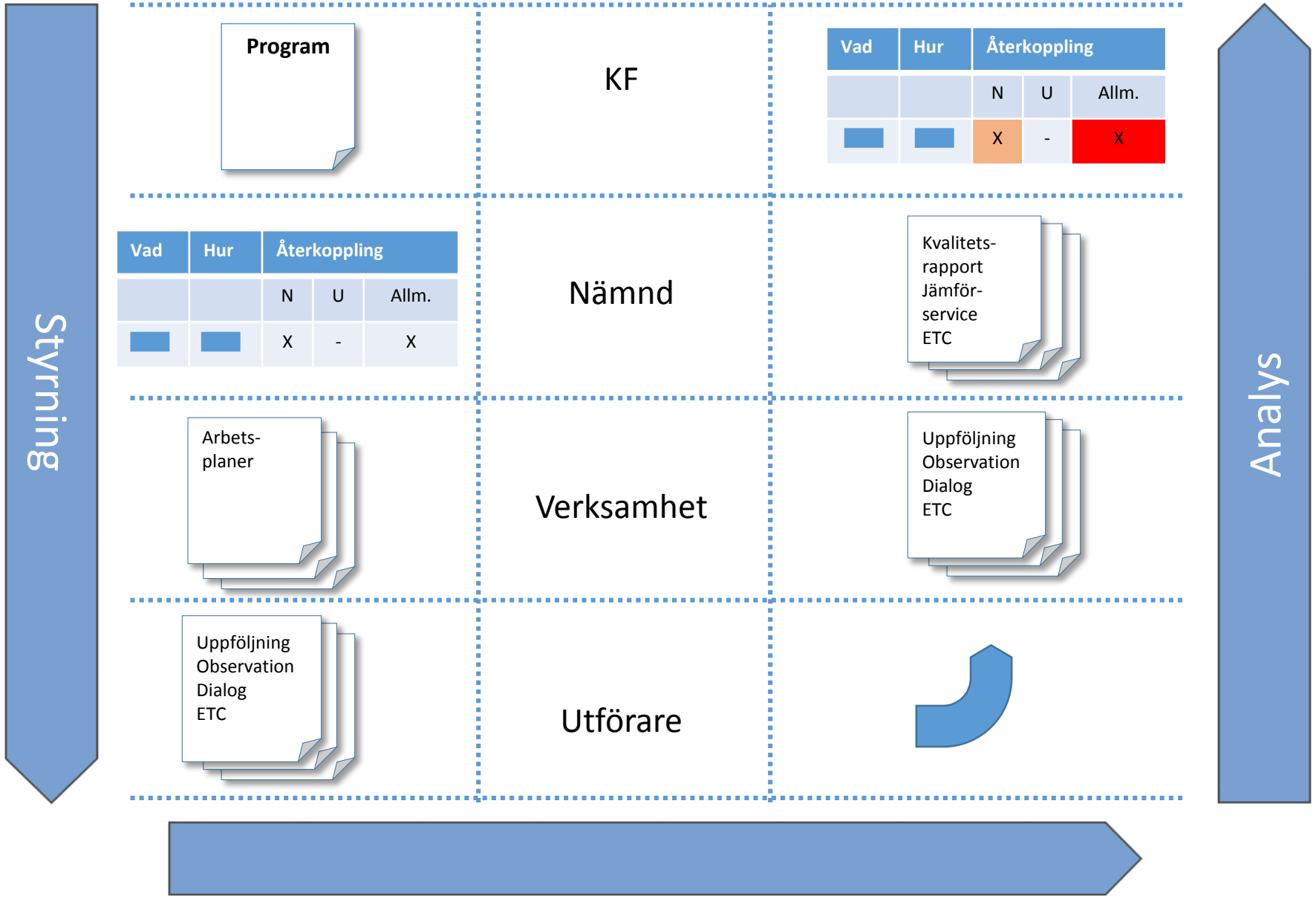KF:s program för uppföljning, modell